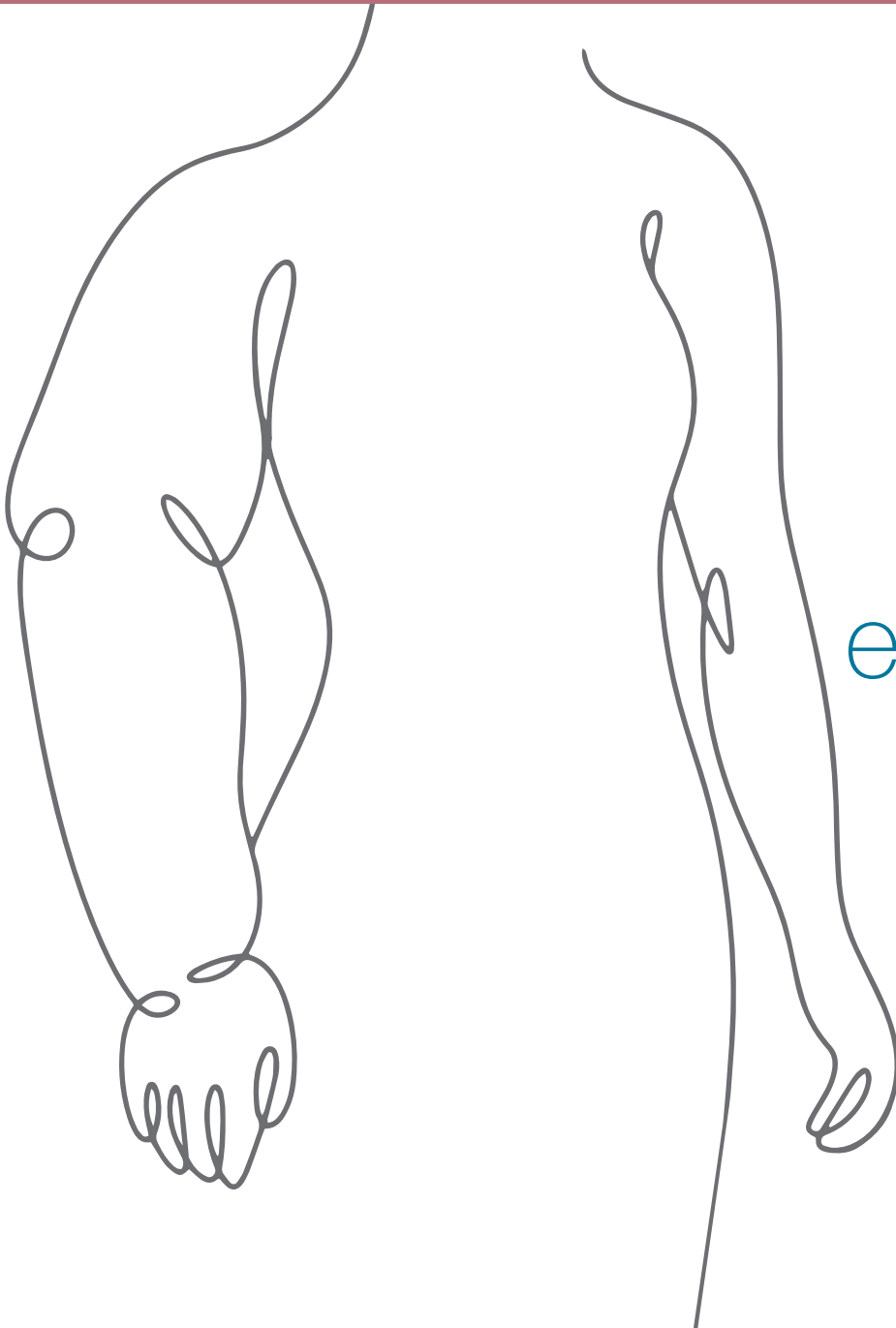




India's First One-Stop Lymphedema Clinic

ADVANCED, SPECIALISED CARE ALIGNED
WITH GLOBAL STANDARDS



early
detection
expert care
better
recovery

care that combines science with sensitivity

At Apollo Athenaa, lymphedema care is not just about reducing swelling. It's about helping you return to a life that feels normal again.

Understanding Lymphedema

Lymphedema happens when the body's lymphatic system, which helps remove fluid and fight infection, slows down or gets disrupted.

This can happen after when lymph nodes are removed by the cancer surgeons.

Why it shouldn't be ignored

Without early diagnosis, the changes due to Lymphedema can become irreversible and may not be suitable for bypass surgery.



What we offer here at Athenaa:

Expert Team You Can Trust

- ➔ Expert surgeons trained in super micro bypass surgery
- ➔ Precision-driven, evidence-based care
- ➔ Personalized treatment plans
- ➔ Specialised team consisting of Lymphedema Nurse, Lymphedema Physiotherapists and Dermatologist

State-of-the-Art Technology

- ➔ ICG (Indocyanine Green) Lymphangiography

Ultra High-Frequency
Ultrasound

Dedicated Lymphedema Assessment Program

Standardized
limb
circumference

Clinical and
radiological
staging





Advanced Treatment for Lymphedema

Lymphovenous Bypass (LVB) The Cornerstone of Modern Lymphedema Surgery

Surgical Management

Lymphovenous Bypass (LVB)

A highly specialised supermicrosurgical procedure that connects healthy lymphatic vessels to tiny veins, helping restore the body's natural lymph drainage.

Ideal for:

- ➔ Early and intermediate-stage lymphedema

Benefits:

- ➔ Reduces swelling
- ➔ Improves limb function
- ➔ Helps slow disease progression
- ➔ Reduces the need for compression garment
- ➔ Reduces the risk of skin infections

Daycare procedure

A minimally invasive procedure performed under local anaesthesia with same-day discharge.

Vascularized Lymph Node Transfer (VLNT)

Transfers healthy lymph nodes from another part of the body to the affected area to restore lymphatic drainage and improve lymphatic function in advanced lymphedema.

Liposuction for Advanced Lymphedema

Recommended for selected patients with chronic, fibrotic, non-pitting lymphedema to remove excess fatty tissue and improve limb contour and function.

Non-Surgical Management

MLD – Manual Lymphatic Drainage

Specialized therapy to stimulate lymphatic flow.

CDT – Complete Decongestive Therapy

- ➔ Compression bandaging
- ➔ Skin care
- ➔ Exercise therapy
- ➔ MLD integration

Advanced Compression & Pump Therapy

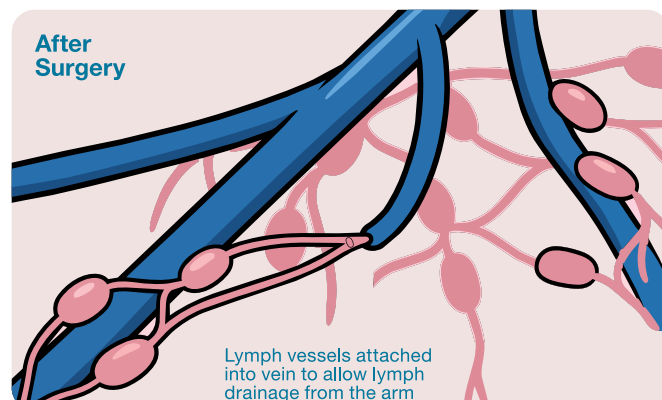
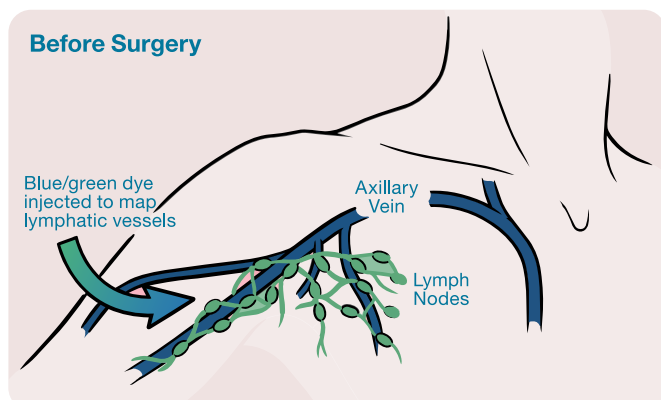
- ➔ Medical-grade pneumatic pumps
- ➔ Custom compression garments

Personalised Lymphedema Rehabilitation

- ➔ Trained, protocol-driven therapists
- ➔ Stage-specific rehabilitation

Preventing Lymphedema Before it Starts

Prophylactic Lymphovenous Bypass (LVB) helps restore lymphatic drainage during axillary lymph node dissection, reducing the risk of developing Arm Lymphedema.



Why Apollo Athenaa Lymphedema Clinic?

Integrated care model:



Diagnosis



Therapy

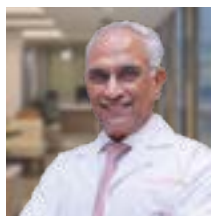


Bypass Surgery



Follow-up

Surgical Leadership Delivers Experience You Can Trust



**Prof. (Dr) Venkat
Ramakrishnan**

- ➔ Internationally recognised leader in microsurgical breast reconstruction
- ➔ Over 30 years of expertise in reconstructive plastic surgery
- ➔ Performed 4,000+ DIEP and other free flap breast reconstruction surgeries
- ➔ Author of 150+ peer-reviewed journal publications and textbook chapters
- ➔ Pioneer in improving the efficiency, safety, and reproducibility of complex microsurgical procedures
- ➔ His expertise forms the foundation of the Apollo Athenaa breast reconstruction program



**Dr. Samarth
Gupta**

- ➔ Consultant Plastic & Breast Reconstruction Surgeon at Apollo Athenaa Women's Cancer Centres, Delhi
- ➔ Advanced lymphedema training from Tokyo, Japan
- ➔ Lymphedema training from Barcelona (Spain) and Maastricht (Netherlands)
- ➔ Specialist in microsurgical breast reconstruction and DIEP flap surgery
- ➔ Fellowship-trained at the St Andrew's Centre, Chelmsford, UK
- ➔ Expert in advanced reconstructive microsurgery
- ➔ Author of 35+ peer-reviewed scientific publications
- ➔ Active faculty member at leading national and international scientific conferences



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Cancer Centre for Women.



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