



SUN - MON
8AM - 4PM

OUR LOCAL

WED - SAT
8AM - LATE

8 - 11
MIMOSA
SPECIAL 65
EVERYDAY :)

BREAKFAST TILL 12

PAPAYA PARTY	130
Half a papaya stuffed with fresh seasonal fruit and topped with yogurt, honey and roast hazelnuts.	
QUINOA BREAKFAST BOWL	138
White quinoa, mushrooms, lemon yoghurt, hummus, one fried egg topped with spring onion, chilli crisp and petite greens.	
HEALTHY VIBES	140
Greek yoghurt, honey, fresh fruit, gluten-free quinoa granola and berry compote.	
BIRCHER BOWL	130
Gluten free oats, pistachio, cranberry and cinnamon soaked in yoghurt and a touch of mascarpone. Topped with cinnamon apple and fresh seasonal fruit.	
GREEN OMELETTE	120
Baby spinach and zucchini laced omelette with lemon parmesan ricotta.	
MR RALPHS	134
Baby spinach and Danish feta folded into scrambled eggs topped with dukkah on your choice of toast.	
CREAMY CHICKEN LIVERS ON TOAST	155
Free-range chicken livers and a poached egg on your choice of toast.	
ANCHOVY TOAST	119
Anchovy butter with two poached eggs on your choice of toast.	

ADD ON'S

POACHED EGG	18	TOAST	12
BACON	30	GLUTEN FREE TOAST	25
AVOCADO	40	DOUBLE FRIED FRIES	55
DANISH FETA	25	SPINACH	45
MATURE CHEDDAR	25	SHAYNO'S CHILLI	10
BRIE	28	SIDE GREEN SALAD	45
SMOKED TROUT	60	SMASH SAUCE	45
GRILLED CHICKEN	55	PERI-NAISE	35

BRUNCH TILL 4

OMEGA	160
Cream cheese topped with sliced avo, smoked trout ribbons, capers, red onion and a poached egg on your choice of toast.	
REUBEN TOASTIE	145
Pastrami, pickles, sauerkraut, whole-grain mustard and emmental, toasted on your choice of bread.	
EGG ROLL	130
Fried egg, bacon, and mature cheddar with smokey chilli crisp on a brioche bun.	

OL'S SHAKSHUKA

THE ORIGINAL / 155

Eggs poached in an aromatic tomato and chilli sauce with chunks of creamy feta, served with your choice of toast.

THE GREEN / 155

Eggs poached in lemony spinach, leeks, edamame plus other greens with chunks of creamy feta, served with your choice of toast. * Make it vegan

AVO SMASH	135
Roasted chickpeas & hummus served on two pieces of toast. (v.) + Add poached egg 18	
TOMATO CHILL	138
Blistered cherry tomatoes, feta, smoked chilli honey, basil oil on toast.	
BACON TOASTIE	145
Bacon, brie, mozzarella and caramelised onion, toasted on your choice of bread.	
CHEESE TOASTIE	105
Mature cheddar and tomato toasted on your choice of bread.	
MUSHROOM TOASTIE	138
Mushroom ragu and mozzarella, toasted on your choice of bread.	

FROM 8AM EARLY BIRD'S WEEKDAY SPECIAL R110 - AVO SMASH + COFFEE OR EGG ROLL + COFFEE TILL 10AM

TEA & COFFEE

AMERICANO*	36 / 40	ESPRESSO	34 / 40
CAPPUCCINO	38 / 42	ORANGE ESPRESSO*	55
FLAT WHITE	38 / 42	TONIC ESPRESSO*	55
LATTE*	45	CAFE MOCHA	52
HOT CHOCOLATE*	48	RED CAPPUCCINO	45
CHAI LATTE*	52	TEA SELECTION	30
* MAKE IT ICED			
MAKE IT DIRTY	60	FIND SMOOTHIES, ICED TEAS & MATCHA VIBES WITH THE REST OF OUR DRINKS	
MAKE IT FILTHY	65		
OAT & SOY	ADD 10	MATCHA MOVE LATTE (WITH ANY MILK)	72
ALMOND	ADD 12		

DRINKS

CULTURELAB KOMBUCHA	50
SODAS 200ML	30
(Dry lemon, ginger ale, lemonade)	
SODAS 350ML	35
(Coca Cola, Coca Cola Zero, Sprite)	
APPLETISER	38
GRAPETISER	38
STILL & SPARKLING 500ML	30
STILL & SPARKLING 1L	45
DOUBLE SHOT ICED TEA	45

FRESHLY SQUEEZED JUICE

SIMPLY ORANGE / 65

CARROT & ORANGE / 65

CUCUMBER, PEAR, SPINACH & APPLE / 65

GINGER SHOT / 30

WE'RE NOT A CO-WORKING SPACE, WE ARE ABOUT PEOPLE CONNECTING SO UNFORCH NO LAPTOPS ALLOWED. LIKE NOT EVEN FOR A CHEEKY EMAIL.

LUNCH FROM 12

+ DINNER - WED - SAT



SHARING
STARTER
PLATES

SAUCY BREAD PARTY / 95

Sourdough with whipped basil butter, stuffed olive skewer and herby caper-anchovy dipping sauce.

BAKED CAMEMBERT / 100

Roasted stonefruit, chilli honey with toasted sourdough melba.

HONEY-CHILLI HALLOUMI / 98

Golden-fried, tossed in a spicy honey-chilli glaze. Yes.

PROM PLATE / 125

Hummus, whipped feta, tahini yoghurt, hot honey tomatoes, roasted carrots with toasted sourdough melba.

CRISPY CALAMARI / 110

Salt and pepper fried calamari with chive aioli.

GRILLED ARTICHOKE & COURGETTE / 105

Tahini schmear, lemon herb dressing, olive oil. (v)

OL BABY ROOT SALAD

Baby carrots, baby beets and radishes tossed with garden greens and heirloom tomatoes, finished with a red wine vinaigrette.

+ Add Grilled Chicken 55

TROUT SALAD

Trout, baby gem, blanched broccoli, zucchini, pickled fennel, white wine vinegar and a Green Goddess dressing.

CAESAR SALAD

Cos lettuce, croutons, a poached egg, bacon, parmesan shavings and our Caesar dressing.

+ Add Smoked Trout 60

+ Add Grilled Chicken 55

GOLDEN SALAD

Turmeric quinoa with roasted butternut, carrots, yellow pepper and baby corn topped with roasted almonds and a tahini dressing.

+ Add Crispy Bacon 30

THE SEA POINT CHICKEN

Pan-fried free-range chicken with caper, olive and date. Served with crisp apple, celery leaf and toasted pecan salad.



POSH SCHNITZ

Chicken schnitzel topped with celery, fresh orange, fennel and date relish dressing. *swap schnitz for free range chicken breast.

LOADED SCHNITZ

Chicken schnitzel topped with macerated tomatoes, sliced fior di latte mozz and finished with a smoked chilli honey.

SLICED FILLET

Free range beef fillet, served with jus, wild mushroom sauce and your choice of smashed baby potatoes or salad.

CHICKEN LIMONE

Creamy lemon sauce, capers, white wine, garlic and parsley served on wilted baby spinach.

+ Make it spicy with Shayno's famous chilli.

PASTA CAVOLO NERO & BURRATA

Rigatoni in a creamy sauce made from kale, garlic and parmesan. Finished with basil oil and topped with burrata.

+ Add crispy Parma Ham 65

MEATBALLS & LINGUINI

Homemade polpetta with linguini & napolitana sauce

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SMASHED BABY POTATOES 65

With chive aioli.

TENDERSTEM BROCCOLI & VINAIGRETTE 75

With caperberries.

GREEN LEAF DRESSED SALAD 75

With parmesan.

CELERY, APPLE & PECAN SALAD 78

Crunchy, sweet, nutty.



- 2 FOR 200 -
EVERY FRIDAY TILL 8PM

OL'S FAMOUS BURGERS

OL'S BEEF BURGER / 165

Free-range beef burger with our homemade bourbon sauce, pickles and mature cheddar, brioche bun + fries.

TRUFFLE MUSHROOM BEEF BURGER / 185

Free-range beef burger with mature cheddar, truffle mushroom sauce, crispy onions, brioche bun + fries.

OUR SMASHIE / 130

Beef smash patty, pickles, cheese, sauce + chips :)

NEW! KOREAN CHICKEN BURGER / 165

Crispy Korean fried chicken, sticky-sweet gochujang glaze, crunchy slaw, pickles, brioche bun.

OL'S VEGGIE BURGER / 160

Falafel burger with beetroot hummus, danish feta, pickles, iceberg lettuce, brioche bun + fries.

ADD ONS

DOUBLE UP THE PATTY 50 / EXTRA CHEESE 35

SHAYNO'S CHILL MAYO 35 / SMASH SAUCE 45

FROM 5 - 8 - 2 FOR 200 BURGERS ON FRIDAY NIGHTS

DINNER DATE - BOOK NOW ON DINEPLAN - CUTE

PRIVATE EVENTS - BIRTHDAY? DINNER PARTY? BOOK CLUB? FAMILY MEETING? "I QUIT THE JOB" DRINKS" - BOOK WITH US